

Needs:

a comfortable place to work from

## Name: Sara Position: Sales Manager

Positive trends and opportunities:

works for a renowned

company on a managerial

position

- enjoys her work
- develops skills
- works from home: doesn't
  waste time for commuting

Nagative trends, headaches and fears:

- tired with working from home but her company wants her to stay at home
- doesn't have aplace for her work at home
- finds it difficult to organize her day
- needs more time to relax and keep work-life balance